



## Sava Mihai-Adrian Lista contribuțiilor științifice și de cercetare

A	Lista celor maximum 10 lucrări considerate de candidat a fi cele mai relevante pentru realizările profesionale proprii, care sunt incluse în format electronic în dosar și care se pot regăsi și în celelalte categorii de lucrări prevăzute de prezentul articol		
A1	Study on the opinion of romanian coaches regarding the psychological factor in judo training	Sava M.A. Ciuntea L.,	Sport și Societate. Revista de Educație Fizică, Sport și Științe Conexe editată de Fundația Altius Academy - Facultatea de Educație Fizică și Sport din Universitatea „Alexandru Ioan Cuza” Iași, vol. p-13 ISSN 1582-2168, 2013 <a href="http://www.sportsisocietate.ro/articol/studiu-privind-opinia-antrenorilor-rom-ni-n-leg-tur-cu-factorul-psihiologic-al-antrenamentului-la-judo/192">http://www.sportsisocietate.ro/articol/studiu-privind-opinia-antrenorilor-rom-ni-n-leg-tur-cu-factorul-psihiologic-al-antrenamentului-la-judo/192</a>
A2	Study on the expression of explosive force to judoka athletes aged 11-12 years	Sava M.A. Sava M, Panaitescu A. Ungureanu N.	3rd Annual International Conference Physical Education Sport and Health 19 – 20 november ISSN 1453-1194, Pitești-2010 <a href="http://www.sportconference.ro/images/stories/buletin%20volumul%202%202010.pdf">http://www.sportconference.ro/images/stories/buletin%20volumul%202%202010.pdf</a>
A3	Study regarding the cognitive and motor skills development in the primary school Studiu privind dezvoltarea cognitivă și motrică în învățământul primar	Sava M.A. Sava A., Panaitescu A.M. Verbuță A.	Gymnasium, Scientific Journal of Education, Sports and Health , ISSN 1453-0201, ISSN-L 1453-0201, Supplement, Vol. XIII, 2012, Bacău
A4	The role of attention in the achievement of sport performance in judo	Mihailescu L, Sava M.A.	3rd World Conference on Psychology, Counselling and Guidance (WCPCG-2012), Scopus and ScienceDirect and submitted to Thomson Reuters Conference Proceedings Citation Index-Science (ISI Web of Science). ISSN 1877-0428Izmir, Turkey, 2013, <a href="http://www.sciencedirect.com/science/article/pii/S1877042813018119#">http://www.sciencedirect.com/science/article/pii/S1877042813018119#</a>
A5	Study regarding the explosive force at free fighting athletes aged 15-16 years old	Ungureanu N, Sava M.A. Panaitescu A.M.	Scientific report, series Physical education and sport, ISSN: 1453-1194, Pitești - 2011 <a href="http://www.sportconference.ro/images/stories/187_Ungureanu.pdf">http://www.sportconference.ro/images/stories/187_Ungureanu.pdf</a>
A6	The methodological conduct regarding the process of education of the capacity of concentrated attention for the 9-13 years old judoka	Mihailescu L., Sava M.A.	Scientific report, series Physical education and sport, ISSN: 1453-1194 , Pitești - 2011 <a href="http://www.sportconference.ro/images/stories/118.Mihailescu_Liliana.pdf">http://www.sportconference.ro/images/stories/118.Mihailescu_Liliana.pdf</a>

A7	Posibilities for determining the role of attention in the achievement in judo performance	Mihailescu L, Rață G. Sava M.A.	Journal of Physical Education and Sport ® (JPES), 11(4), Art 69, pp.449 - 454, 2011, online ISSN: 2247 - 806X; p-ISSN: 2247 - 8051; ISSN - L = 2247 - 8051 , ISSN 1582-8131, © JPES, Pitești - 2011 <a href="http://efsupit.ro/images/stories/imgs/JPES/2011/12/13Art69.pdf">http://efsupit.ro/images/stories/imgs/JPES/2011/12/13Art69.pdf</a>
A8	Comparision of times recorded in the 60 m flat and the 60 m hurdles finals at the juniors III national indoor championships 2010 and 2011	Rață B. Rață G. Alexe D. I. Sava M.A.	Jurnal of Physical Education and Sport , Volume 11, Issue 2 ISSN: 1582 - 8131 Pitești 2011 <a href="http://efsupit.ro/images/stories/6.Bogdan_Rata.pdf">http://efsupit.ro/images/stories/6.Bogdan_Rata.pdf</a>
A9	Comparison of the assessment induces values for the vertical take off height in athletes and non athletes	Rață G., Rata B., Rata M., Alexe D., Sava M.A.	Scientific report series physical education and sport ISSN 1453-1194, Pitești-2010 <a href="http://www.sportconference.ro/images/stories/buletin%20Volumul%201%202010.pdf">http://www.sportconference.ro/images/stories/buletin%20Volumul%201%202010.pdf</a>
A10	Content of the model for heating at the children players of rugby-age particularities	Ungureanu N. Sava M.A.	Scientific report series physical education and sport, 2nd annual International conference: Physical education, sport and health 20th-22nd of November, ISSN: 1453-1194, Pitești-2009 <a href="http://www.sportconference.ro/images/stories/buletin%20Vol%201%202009.pdf">http://www.sportconference.ro/images/stories/buletin%20Vol%201%202009.pdf</a>
<b>B Teza sau tezele de doctorat</b>			
B1	Strategii instructionale pentru optimizarea pregătirii psihice la judo DOCTOR ÎN ȘTIINȚE ALE EDUCAȚIEI în cadrul IOSUD, Universitatea din Pitești, ordin de ministru nr. 6468 din 07.12.2011.		
<b>D Cărți și capitole în cărți</b>			
D1	Optimizarea pregătirii psihice în judo. Considerații teoretice	Sava Mihai Adrian	Editura: Alma Mater, Bacău 2014 ISBN 978-606-527-338-2
<b>F Publicații in extenso, apărute în lucrări ale principalelor conferințe internaționale de specialitate</b>			
F1	Study regarding the students belief that their chosen professional formation is the right one for them	Rață G. Rață B. Rață M. Sava M.A.	The Annals of the University „Dunărea de Jos” Galați-2011 <a href="http://connection.ebscohost.com/c/articles/87050128/study-regarding-students-belief-that-their-chosen-professional-formation-right-one-them">http://connection.ebscohost.com/c/articles/87050128/study-regarding-students-belief-that-their-chosen-professional-formation-right-one-them</a>
F2	The results dynamics for the little girls sprint events in the national track and field championship – indoor	Rață B. C. Rață G. Alexe D.I. Rață M. Sava M.A.	Ovidius University Annals, Series Physical Education and Sport / Science, Movement and health, Vol. XI, ISSUE 2 Supplement, 2011, Constanța <a href="http://www.analefefs.ro/anale-fefs/2011/issue-2-supplement/ paper-abstracts-and-text.pdf">http://www.analefefs.ro/anale-fefs/2011/issue-2-supplement/ paper-abstracts-and-text.pdf</a>
F3	Study regarding the pupils options for performing free time activities in the rural environment	Dobrescu T. Sava M.A.	The Annals of the University „Dunărea de Jos” Galați, Physical education and sport management ISSN 1454-9832, Galați-2009 <a href="http://www.ann.ugal.ro/efms/Documente/cuprins+coperta.pdf">http://www.ann.ugal.ro/efms/Documente/cuprins+coperta.pdf</a>

<b>F4</b>	Study regarding the elaboration of a model of planning the training for handball special classes	<b>Sava M.A.</b> Dobrescu T.	The Annals of the University „Dunărea de Jos”, Galați, Physical education and sport management ISSN 1454-9832, Galati-2009 <a href="http://www.ann.ugal.ro/efms/Documente/cuprins+coperta.pdf">http://www.ann.ugal.ro/efms/Documente/cuprins+coperta.pdf</a>
<b>F5</b>	Content of the model for heating at the children players of rugby-age particularities	Ungureanu N. <b>Sava M.A.</b>	Scientific report series physical education and sport, 2nd annual International conference: Physical education, sport and health 20th-22nd of November, ISSN: 1453-1194, Pitești-2009 <a href="http://www.sportconference.ro/images/stories/buletin%20Vol%20I%202009.pdf">http://www.sportconference.ro/images/stories/buletin%20Vol%20I%202009.pdf</a>
<b>F6</b>	Possibilities to achieve the practise at physical education, classes V-VIII, the third link	<b>Sava M.A.</b> Sava M.	Medicina Sportivă Journal of Romanian Sports Medicine Society, Supplement 2. Physical exercises a complex and modern way to promote healthy living, ISSN 1841-0162, 22-25 October, Craiova 2009 <a href="http://cis01.central.ucv.ro/exercitiulfizic/2009/files/program.pdf">http://cis01.central.ucv.ro/exercitiulfizic/2009/files/program.pdf</a>
<b>F7</b>	Study regarding the involvement of the teachers of Physical Education and coaches in the continue preparation.	<b>Sava M.A.</b> Rață G.	The National Scientific Conference in the Science of Sport “ The use of the scientific research in the body activities” ISSN: 1842 – 4678, 24 October, Bucharest-2008
<b>F8</b>	The strategy of sport for all development in the community.	<b>Sava M.A.</b>	Gymnasium, The journal of the Physical Education and Sport „Qualitativ strategies for improving of the academic educational system in a European vision ” Ed. Pim Iași, ISSN 1453-0201, 28,29.November, Bacău-2008
<b>G</b>	<b>Alte lucrări și contribuții științifice sau după caz, din domeniul creației artistice</b>		
<b>G1</b>	Teoria și practica judoului - Note de curs	<b>Sava Mihai-Adrian</b>	Aprobat în cadrul departamentului de Educație Fizică și Performanță Sportivă în data de 29.octombrie 2013, Nr. 340din 29.10.2013
<b>G2</b>	Sudy on the expression of explosive force to free fighting athletes aged 15-17 years	<b>Sava M.A.</b> Ciuntea L., Sava M., Panaitescu A.M.	Scientific studies and research of human performance within the european education system, May 4-5, ISBN 978-606-527-133-3, Bacău-2011
<b>G3</b>	International scientific conference perspectives in physical education and sport	Șalgău S. <b>Sava M. A.</b>	Ovidius Universiti Press, ISBN 978-973-614-501-8, Constanta-2010 (Book of Abstracts)
<b>G4</b>	International scientific conference perspectives in physical education and sport	<b>Sava M. A.</b>	Ovidius University Press, ISBN 978-973-614-501-8, Constanța-2010 (Book of Abstracts)
<b>G5</b>	International scientific conference perspectives in physical education and sport	<b>Sava M. A.</b> Sava M.	Ovidius Universiti Press, ISBN 978-973-614-501-8, Constanta-2009 (Book of Abstracts)
<b>G6</b>	Study regarding the recreative sport activities in preventing the obesity.	Gorgan C. M. <b>Sava M. A.</b>	International Conference of Physical Activity and Sport Sciences, Contemporary paradigms of sport science, Ed. Risoprint, ISBN 978-973-751-926-9, Cluj – Napoca-2008

<b>G7</b>	Study regarding the need of psychological assistance at training and competitions of the junior I athletes in the individual sports and sport games.	<b>Sava M. A.</b>	The volume of the International Conference „ Creativity and competition, european attributes of scientific and sport manifestation” Ed. „Dunărea de jos” Galați, ISBN 978-973-8937-44-4, Galati-2008
<b>G8</b>	Study Regarding the Development of the Speed of Reaction of Students from the IX-XII Classes.	<b>Sava M. A.</b> Gorgan C. M.	Physical Education and Sport, ISSN 2065-7856, Bucuresti-2009
<b>G9</b>	Sudy on the expression of explosive force to free fighting athletes aged 15-17 years	<b>Sava M.A.</b> Ciuntea L., Sava M., Panaitescu A.M.	Scientific studies and research of human performance within the european education system, May-4-5, ISBN 978-606-527-133-3, Bacau-2011

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